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Reading & Composition  
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### Slow Food Movement

We have heard of fast food, but what about Slow Food? Eating is a habit for everyone since we were born. Even if we are sick or busy, we eat some foods to make our brain work. However, these days, people do not have enough time to eat meals because of their busyness, so they are tend to eat fast-food like McDonalds. Also, we often cannot spend time with our family and friends. Therefore, we might forget the benefit of taking time to eat, and share the dinnertime with others. To improve this, Carlo Petrini suggested Slow Food. This is the movement that focused on encouraging people to eat not fast food but locally food which is fresh, instead taking time to prepare a feast.

Also, the focus of slow food is not only on nutrition, but also on preserving culture and heritage which means we can take over the old-fashioned way of cooking to next generation (What Is the Slow Food Movement, n.d). Because there are many advantages, Petrini launched the

movement. Although Petrini believes that there are many advantages of slow food, if people have more interest about Slow Food, Petrini has not considered that it would affect badly consumers, farmers, and the environment. Thus, this essay will focus on the reason why Slow Food has bad effects to the environment, farmers, and consumers, including price, land, and teenagers.

First, consumers have to pay more money than before if people adhere to Slow Food. The reason is that slow food is expensive with its unique, natural and seasonal ingredients (What are the advantages and disadvantages of Slow Food, n.d). In other words, the price will be more expensive than other normal products. Also, if everyone was interested in Slow Food, only certain food could be available. For example, if we want to buy vegetables in the grocery store, we might see only a little because it takes long time to grow products. Thus, it will be difficult to get food, and consumer would have to pay more money to get it.

Second, to make a lot of food, farmers have to use more lands. The

reason is that when they need to grow many products, it also needs a huge and large space. Moreover, in the Slow Food movement, we can gain only certain food, so there is not enough production for many people. That is why we need large amounts of land to churn out food.

Third, consumers, especially teenagers, do not have to easy to access to Slow Food. If all people are foodies, we always might get specific information about Slow Food because they are interested in food. However, people who have no interest about it, it is difficult to connect with Slow Food. Especially, teenagers are most difficult to join Slow Food because they like to use fast food. Therefore, they can no longer access to Slow Food easily.

To sum up, if Slow Food spread to many people, although there are many benefits like farmers can get more money, it has also some disadvantages. For example, the price of products will be expensive, and it is difficult to get information about Slow Food. Also, large space is needed to make a lot of foods, so it has bad effects for the environment. As you can see from these points, it is clear that Slow Food badly affects to our environment

and consumers. That is why Slow Food has not only advantages but also disadvantages.

## References

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